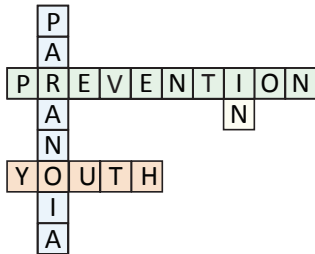


Research Study



Cognitive Behavioral Therapy

for the Prevention of Paranoia
in Youth at Risk

Participants are welcome

**We are happy to provide more
information about the study**

Please speak with Dr. Yulia Landa
or Rachel Jespersen (Study Coordinator)
or send us an email:

212-659-5606

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rachel.jespersen@mssm.edu

This study has been approved by Icahn School of Medicine
at Mount Sinai Institutional Review Board.
IRB protocol # 15-0871

ANXIETY? SOCIAL
WITHDRAWAL?

UNUSUAL
SUSPICIOUS THOUGHTS?

Are you concerned about:

- ⚡ Hidden threats or put-downs from what people say or do?
- ⚡ Worrying that other people are watching you, talking about you, or intend to hurt you?
- ⚡ Worrying that people drop hints about you or say things with a double meaning?
- ⚡ Feeling confused about what is real and imaginary?
- ⚡ Holding beliefs that other people find unusual?
- ⚡ Becoming more socially isolated?

Researchers at Icahn School of Medicine at Mount Sinai are investigating a

Specialized Cognitive Behavioral Therapy (CBT) Program

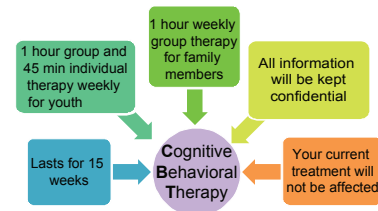
AIM: to help youth develop a better understanding of their experiences and sharpen their logical reasoning skills.

WHY: to prevent the formation of stressful paranoid thoughts or beliefs.

Family members will participate in a support group where they will learn how to help youth practice these CBT skills.

Participants will be randomly assigned to:
 - an **intervention group** (who receive CBT) or
 - a **control group** (who do not)

Compensation up to \$500 Total per Family
for completing assessment interviews



REQUIREMENTS:

Ages 12-25

NO DIAGNOSIS OF:

Moderate to severe learning disability
Organic impairment
Substance dependence
Schizophrenia/Schizoaffective disorder

This study sponsored by: Sidney R. Baer, Jr. Foundation